

NPO DPP Distance Learning Practice Recruiting: Best Practices
2/3/2021

Preparation for Recruiting	Recruiting Discussion: Ensure participant is good fit and assess motivation	Registration	Participation and Collaboration
<p>Practice team watches the Practice Recruiting Orientation video and accesses the NPO DPP Distance Learning Landing Page</p> <p>Practice runs registry report to identify patients who meet eligibility criteria</p> <ul style="list-style-type: none"> Identify physicians who have greater numbers of DPP eligible patients Work with providers to identify appropriate patients <p>Develop practice recruiting process:</p> <ul style="list-style-type: none"> How to know when to approach a patient? Does physician introduce DPP session then do warm handoff? Who takes the warm handoff? Will the practice enter registration online or using a paper form? If accessing online.....from a laptop or a tablet? Outline the Motivational Interviewing questions that help to clarify if patient is ready to make changes. 	<p>Physician introduces DPP program to patient:</p> <ul style="list-style-type: none"> clarifies the patient has Pre-Diabetes and that without changes 50% of people go on to develop T2 Diabetes within 5 years warm handoff to care team member for additional discussion <p>Care team member reviews the program:</p> <ul style="list-style-type: none"> uses patient recruiting video to explain initially stresses program length ensure patient understands that the program is: <ul style="list-style-type: none"> a lifestyle change program done all online meetings occur via Zoom technology built into the app software/ website helps participants make lifestyle change and provides support while changes become habit <i>***requires a smart phone</i> <p>Attending Session Zero can provide even more information about the program.</p> <p>Provide:</p> <ul style="list-style-type: none"> Session Schedule FAQ Document 	<p>Participants can get registered by:</p> <ul style="list-style-type: none"> completing the online registration questionnaire at the practice on tablet or computer (can be assisted or unassisted by staff) complete a paper copy of the NPO/Habit Nu Questionnaire during their office visit and practice will fax to NPO (231) 421-8506 attention: Lisa Nicolaou If the individual is not ready to comit at the time of the appointment, provide information and advise them to let you know if they decide to move forward. <p>Care Team member advises that emails are sent to the individual providing next steps:</p> <ul style="list-style-type: none"> - complete online profile - download the Habit Nu app - complete the video education to familiarize with the app - reminders for the sessions <p>NPO Program coordinator and Habit Nu technical staff follow up with participants who have not completed on boarding activities (profile creation and download of app)</p>	<p>Once DPP sessions start, the NPO facilitator will provide quarterly progress reports to the referring physician with:</p> <ul style="list-style-type: none"> updates on individuals progress towards meeting program goals facilitator's knowledge about patient barriers and success.