



Participant Informed Consent

NPO DIABETES PREVENTION PROGRAM: USING HABIT NU TECHNOLOGY PLATFORM

I hereby agree to be a participant in the **NPO Diabetes Prevention Program (DPP)** using the **HabitNu** Distance Learning web-enabled platform. I represent that my participation in the DPP is voluntary. I acknowledge that I have met the program eligibility requirements prior to starting the DPP. I acknowledge that **NPO DPP** is educational and informational only and assumes no responsibility for the correct or incorrect use of the information. Any information provided and any recommendations made should not be used to, nor are they intended to, diagnose, treat, cure or prevent any existing or future disease and/or medical condition. No attempt should be made to use any information provided as a form of treatment for any specific condition or disease without the approval and guidance of a licensed health physician.

In consideration of my participation in **NPO DPP** for myself, my heirs and assigns, I hereby release **NPO** and **HabitNu** employees, partners, agents and management from any claims, recommendations, and causes of action arising from my participation in this DPP. I agree that if a legal dispute arises concerning my participation in HabitNu DPP or other programs offered by HabitNu, I will attempt to settle the dispute through mediation, and if mediation is not successful, will submit the dispute to binding arbitration conducted in Cook County, Illinois through the American Arbitration Association. I further agree that the laws of Illinois shall apply in any such matter.

As part of your participation in **NPO DPP**, a program for people with pre-diabetes, any responses or discussions are kept confidential. Responses and discussions shared online are solely for the purposes of engaging participants with the facilitator and other participants to achieve the goals of the program. Outcome data towards meeting program goals are deidentified prior to submission to the **CDC (Centers for Disease Control and Prevention)**, complying with the requirements of the **National Diabetes Prevention Program** certification process. The physician/provider which referred you to the program will be kept up to date through quarterly progress reports. Information you provide through functional assessments and surveys online may be combined with other respondents' answers and analyzed and reported for the purposes of evaluating program effectiveness and plan for future programs.